



MINUTES
General Assembly Meeting
Thursday, October 6, 2022
4:00-5:00 pm
Room: SOEB 120
[Recording](#)

Agenda Overview and Attendance

Welcome Message from our President

- *Switching to Microsoft*
 - *Talk with department heads about how this will impact you/your department*
- *More information will be shared in the November meeting; we will be hearing from Donna Heath*
- *IT cybersecurity; do not forward emails*
- *Graduate Council and Faculty Senate*
 - *Will update Student Engagement committee*
- *Introduce SGA Senator, Hillary Dimig*
 - *Current concerns committee—dining will be the primary concerns; can submit concerns via google doc and instagram dropbox*
 - *Here is the link to the SGA Current Concerns dropbox:*
<https://docs.google.com/forms/d/e/1FAIpQLSd7LxhokXZdztDu57RjF2PVUu-QgK0o-wIHtet2hYQexflnw/viewform>

Guest Speaker: Leena Godbole, The Green Fund

- *\$3 of everyone's tuition goes towards this fund; spending this on climate action plan; approximately \$60,000 annual*
- *UNCG definition of sustainability—"the enduring interconnectedness of social equity, the environment, economy, and aesthetics. We believe this interconnectedness provides a foundation from which to discover, implement, and enrich sustainable principles and practices that promote and instill justice, civility, and grace in our communities"*
- *Invests in campus infrastructure, education, research, and professional development opportunities for students*
- *Committee consists of students and faculty and staff advisors; only students have voting authority*
- *Has invested \$387,000 and 60 projects*
- *Has funded various student research and projects in the past; currently funding a grad student's—Megan Damico—project on campus bird collision*
- *Contributes funds towards workshops, conferences, anything related to the four tenets of sustainability*

- Reach out to the office if interested: <https://sustainability.uncg.edu/>

Guest Speaker: Dr. Randy Patterson, Counseling & Psychological Services

- Remember to center yourself when feeling overwhelmed
- Grad Students, Stress and Wellbeing
 - Money, workload, research/writing, personal life, anxiety/depression
 - Grad students disproportionately experience depression/anxiety (emotional wellness)
 - Imposter phenomenon—attacks emotional, social, and occupational wellbeing
 - Loneliness/lack of community (social wellness)
 - Lack of work/life balance
 - Finances
 - Bias
 - There is also joy, challenge, friends, learning, and inspiration
- Grad student support group—this support group provides grad students with support and connection as well as strategies to cope with graduate student life
- Workshop: How to Have a Healthy Relationship with Your Advisor—October 13 3-4 pm
- Workshop: Imposter Phenomenon and Self-Care for Grad Students—spring (date tbd)
- WellTrack, Interactive Self-Help Therapy—app can be found on their website—it's free
- Connect: 336.334.5874 for a screening; drop-in Monday-Friday 12-4:30 p.m.; follow on social media (uncg_counselingservices, instagram); visit shs.edu/cc for more information about other workshops/events
- Other campus clinics and support
 - Nicholas Vacc Clinic, The Psychology Clinic, Diversity Initiatives, Kaplan Center, Spartan Recovery Program, Student Health Services (massage and pharmacy), Campus Violence Response Center, Dean of Students Office, OARS, Green spaces in Greensboro
- There is a sensory room and a meditation room in the EUC if needing a break/to reconnect

Guest Speaker: Seraiah Coe and Olivia Chapman, Greensboro Science Pub

- Jargon free science talks at breweries with grad students, faculty, and practitioners
- Finding professionals/academics in different fields for the sciences to become accessible
- Hoping to broaden out to the general public
- Occurs monthly; next meeting is October 18 at 6:00 pm at Joymongers
- Events are monthly

Committee Reports

- Programming
 - Virtual Halloween costume and pumpkin carving contests; there will be prizes
 - Also starting to work on the GSAW event in the spring
- Student Engagement
 - Working with faculty and SGA to create an open channel of communication and create stronger shared governance
- Finance
 - First funding window is Oct. 10-14; second funding window is Nov. 7-11

Instructions for funding applications

- Funding window opens Monday, Oct. 10 at 8:00 am
- RCF, \$300/15
- PDF (\$500/15)
- Only applications from a represented, on-campus program are eligible
- Videos are on the website to help walk through the application process

- *If you pay the student fee, then you can apply*
- *If you do not receive funding in the first window, can reapply for second window*
- *Can only receiving funding once a semester*

Meeting Adjourned